

SOUTHWEST JUDO ACADEMY SCORPIONS NEWSLETTER

May, 2018

WELCOME

Welcome to our 1st Issue of our Scorpions Newsletter! We are very excited to present our first newsletter to our dojo family. Our goal is to keep you informed on our student's progress and what future events are coming. Our hope is to grow SWJA by making everyone a part of our "Judo Family". Whether you are a traveling competitor, just love to train, or are new to our club we want to get to know everyone. We will be featuring a different student every month so we can all learn a little about our students. Do you have an ideas or a success story to share? Maybe you've heard of an upcoming event that we should all support! Please let us know.

TYSON DAILEY



Q: Can you tell us little bit about yourself, your age and what school do you go to please?

A: My name is Tyson Valika Fernandez-Dailey and I am 6 years old, I am African-American, Hawaiian, Chinese, Filipino, Tahitian, Spanish, Irish, and Indian. I go to Eagle college preparatory school and I am straight "A" student

Q: When did you start Judo and why?

Started Judo at age of five because I wanted to be a ninja turtle (at the time I was taking skateboarding lessons as well)



Q: What?

A: Yeah Ninja turtle. I wanted to do Martial Art and skateboarding to become one, but I found out I am a kid, not even a turtle.



Q: What is your favorite technique and belt?

A: I like OGOSHI (major hip throw). I am yellow belt now but my favorite is Black belt, I want to be like Bruce Lee and I want to be a great champion and Sensei like you.

Q: Tell me about your competition and medals?

A: I competed in a few tournaments already and I won 2 golds, 2 silvers and 1 bronze, I always try to have fun and make new friends... my closest friend is Kaiya.

Q: What do you do when you are not training Judo?

A: I help my mom at her work by helping and spending time with senior citizens and Alzheimer's residents. I also dance HULA for Kilali's Polynesian Revue and dance school.

Q: Any pets?

A: Dog, Minnie and 2 turtles Shell-don and Shelly

Q: Tyson are you married, any kids?



A: What..? Nooo I am only six man.

Q: Do you have a favorite Food?

A: Very easy. Pizza, poke (raw fish), and musubi.



Q: What are other things you love?

A: My family, Bruce Lee, My Senseis and friends at SWJA, Guardians of the Galaxy and Marvel, Hawaii, swimming, going to the gym and traveling.



Q: Last question, who would you like to thank for bringing you to Judo?

A: My mom .I love you.

MAY NEWS

- ❖ **Teachers Walkout day camp**
Southwest Judo provided Day Camps until students went back to school.
- ❖ **Scorpions Movie night**
Movie,pizza,popcorn,drinks and lot of fun.
- ❖ **Rank promotion**
Congratulations to our new promoted Scorpions. We are so proud of you, keep up the great work:
Adam H:Blue belt
Adam P: Green Belt
Kaiya J: Orange belt
Caleb C: Orange belt
Isaac W: Orange belt
Maruis, M White /Yellow
Jiluis, G White/Yellow
- ❖ Congratulations to Yusef Houssni for winning 2018 senior national championship Brown belt division, Yusef is only 15 years old



JUNE UPCOMING EVENTS

- ❖ **Golden state tournament in California on June (1-3)**
- ❖ **Southwest Judo Summer camp on June (18 thru 20), pre-registration is required.**
- ❖ **Junior Olympics nationals in Spokane -WA. Yusef, Sophia and Adam. P will be representing our dojo.**

Do You Know?

Judo, which is translated as the “gentle way”, teaches the principle of flexibility in the application of technique. This is the flexible or efficient use of balance, leverage, and movement in the performance of Judo throws and other skills. Skill, technique and timing, rather than the use of brute strength, are the essential ingredients for success in Judo. For example, in Judo classes you may learn how to give way, rather than use force, to overcome a stronger opponent.

HYGIENE

In Judo, we are one of the few sports that has rules on hygiene:

- ❖ **Nails are to be kept short**
- ❖ **Hair kept tidy**
- ❖ **Wash the Judogi regularly**